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FAKULTÄT
FÜR PSYCHOLOGIE UND
BEWEGUNGSWISSENSCHAFT

Lecture

Universität Hamburg, Fakultät für Psychologie und Bewegungswissenschaft
Arbeitsbereich Pädagogische Psychologie und Motivation
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How our Views on Aging Shape Development in Old Age Key Findings from the Ageing as Future Project

Prof. Dr. Klaus Rothermund

Friedrich-Schiller-Universität Jena

12. Januar 2021

16.15 Uhr – 17.45 Uhr

tba

I will give an overview of the Ageing as Future project, a large interdisciplinary and international research project, which is characterized by a multi-method approach and longitudinal data collections, which has been funded by the Volkswagen foundation for more than 10 years. I will present a selection of findings centering around the concept of “views on aging”. Views on aging are multifaceted and multidimensional, they can relate to others or the self, they can be descriptive or prescriptive in nature, and they differ between domains, countries, and age groups. Other- and self-related views on aging influence each other via internalization and projection processes. Most importantly, views on aging shape development and well-being throughout the life-span by influencing age-related beliefs, experiences, and behaviors (e.g., preparation for old age, encountering of critical life events, perceived age discrimination).

Publications

- Kornadt, A. E., & Rothermund, K. (2015). Views on aging: Domain-specific approaches and implications for developmental regulation. *Annual Review of Gerontology and Geriatrics*, 35(1), 121–144. <https://doi.org/10.1891/0198-8794.35.121>
- Kornadt, A. E., Voss, P., & Rothermund, K. (2015). Hope for the best – prepare for the worst? Future self-views and preparation for age-related changes. *Psychology and Aging*, 30(4), 967–976. <https://doi.org/10.1037/pag0000048>
- Rothermund, K., de Paula Couto, M. C. P., Fung, H., Graf, S., Hess, T. M., Liou, S., & Nikitin, J. (in press). Age-related attributions of experienced changes in life: Origins and implications. *Journals of Gerontology: Psychological Sciences*. <https://doi.org/10.1093/geronb/gbaa160>

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